

Name: _____ Student ID #: _____ Catalog Year: _____
 Address: _____ Phone/Cell: _____
 _____ E-mail: _____
 City State Zip

K-12 PHYSICAL EDUCATION and HEALTH - PROGRAM REQUIREMENTS & ADVISING SHEET

Students must demonstrate the following competencies: (a) Overall GPA \geq 3.00, (b) Kinesiology GPA \geq 3.00, and (c) Education courses \geq 3.0 GPA. In addition, the College of Education requires that a grade of a C- in any required course will have to be re-taken.

FRESHMAN YEAR

FALL			SPRING		
Class Title	Credits	Grade	Class Title	Credits	Grade
KINES 141 Personal Health	3	_____	KINES 110, 117 Volleyball / Soc-Lacrosse (Sp)	2	_____
ENGL 101 Introduction to College Writing (FW)	3	_____	ENGL 102 Intro to Colle Writing/Research (FW)	3	_____
MATH 133 Elementary Models with Functions or MATH 143 Precalculus I: Algebraic Functions (FM)	3	_____	CHEM 101, 1010L Essentials of Chem I/Lab (FN)	4	_____
UF 100 Foundations of Intellectual Life	3	_____	PSYC 101 Survey of Psychological Science (FS)	3	_____
Foundations of Arts (FA): _____	3	_____	Foundations of Humanities (FH): _____	3	_____
	(15)			(15)	

SOPHOMORE YEAR

FALL			SPRING		
Class Title	Credits	Grade	Class Title	Credits	Grade
KINES 102, 103 Tennis/ Indoor Racket Activities (F)	2	_____	KINES 111, 115 Basketball/ Rec Games (Sp)	2	_____
KINES 114, 116 Outdoor Ed/ Rhythm & Dance (F)	2	_____	KINES 201 Cul. Hist. & Phil. Dimensions of PA	3	_____
KINES 200 Introduction to Kinesiology	2	_____	EDTECH 202 Teaching/ Learning in Digital Age	3	_____
KINES 251 Intro to Teaching PE (F)	3	_____	ED-CIFS 203 Child and Educational Psychology	3	_____
ED-CIFS 201 Education, Schooling, and Society (FS)	3	_____	Foundations of Communication (FC): _____	3	_____
BIO 227 Anatomy and Physiology I (FN)	4	_____	ADST 109 Drugs: Use and Abuse	3	_____
	(16)			(17)	

APPLY to Teacher Education and the K-12 PE and Health program when you will have 3 semesters remaining of course work, excluding student teaching. Applications are normally due during the 3rd week of each semester.

K-12 PE and Health application requirements: ___ Pass Fitness Testing ___ Current First Aid and CPR card

Due to course prerequisites and offerings, it is CRITICAL that many UPPER DIVISION semester courses be taken as listed below

JUNIOR YEAR

FALL			SPRING		
Class Title	Credits	Grade	Class Title	Credits	Grade
KINES 181 Introduction to Coaching	3	_____	KINES 305 Adapted Physical Education (Sp)	3	_____
KINES 242 Human Sexuality (F) (or PSYC 261)	3	_____	KINES 351 Elementary PE Methods & Eval (Sp)	3	_____
KINES 270 Applied Anatomy	3	_____	KINES 352 Elementary PE Field Experience (Sp)	1	_____
HLTH 207 Nutrition	3	_____	KINES 363 Exercise Psychology	3	_____
UF 200 Foundations of Ethics and Diversity	3	_____	KINES 445 Elem/Sec Hlth Methods & Admin (Sp)	3	_____
	(15)		Select one: PSYC202 Psyc of Happiness, PSYC 301 Abnormal Psyc, or PSYC331 Psyc of Health	3	_____
				(16)	

SENIOR YEAR

FALL			SPRING		
Class Title	Credits	Grade	Class Title	Credits	Grade
KINES 361 Cond & Ex Phys Principles for Sport (F)	3	_____	Student Teaching:		
KINES 375/376 Human Gr/ Motor Learn and Lab	4	_____	KINES 460 Professional Year- Elementary	7	_____
KINES 451 Sec PE Methods and Evaluation (F)	3	_____	KINES 461 Professional Year- Secondary	7	_____
KINES 452 Secondary PE Field Experience (F)	1	_____		(14)	
KINES 458 Curriculum Design and Admin in PE (F)	3	_____			
Select one (1) BRNCOFIT: 118 Pilates, 135 Golf I, 166 Yoga, 167 Body Weight	1	_____			
	(15)		Total Credits:	123	

Pass PE Praxis II (#5091) and Health Praxis II (#5551) prior to Student Teaching Scores must be received the semester prior to student teaching.

