**Curriculum Vita**

**Shelby K. Gonzales, Ph.D., NCC**

Assistant Professor

Boise State University

Department of Counselor Education

**Education**

*May 2022* **Ph.D. in Counselor Education and Supervision (CACREP accredited)**

University of South Carolina

Department of Educational Studies

*May 2016* **Ed.S. in Counselor Education (CACREP accredited)**

**School Counseling**

University of South Carolina

Department of Educational Studies

*May 2013* **B.A. in Experimental Psychology**

University of South Carolina

**Professional Experience**

**Academic Positions**

*August 2022- Present* **Assistant Professor, Boise State University**

**Department of Counselor Education**

*May 2022- June 2022* **Adjunct Professor, Boise State University**

**Department of Counselor Education**

**Clinical Experience**

*January 2020- August 2020* **Community Counseling Clinic (CCC)**

*University of South Carolina*

* Provided free counseling services to adult community members and students through the CCC
* Delivered formal diagnosis to clients
* Set collaborative goals with clients to meet their individual needs
* Completed clinical notes following each session

*August 2017- June 2019* **Elementary School Counselor**

*Bethel Elementary School; Canton, NC*

* Served Title 1 school population, emphasizing support for students regarding parental incarceration, substance abuse and addiction, domestic violence, physical and verbal abuse, poverty, and alternative living placement (i.e. foster care, extended family guardianship)
* Served students’ social, emotional, and career development on an individual, small group, large group, and classroom level
* Delivered a guidance curriculum to promote social and emotional well-being and facilitate career exploration events, activities, and experiences.
* Worked collaboratively with students, staff, parents, administration, and community stakeholders

*August 2016- June 2017* **Elementary School Counselor**

*Catawba Trail Elementary School; Columbia, SC*

* Served students’ social, emotional, and career development on an individual, small group, and large group need
* Delivered a guidance curriculum to promote social and emotional well-being and facilitate career exploration events, activities, and experiences.
* Worked collaboratively with students, staff, parents, administration, and community stakeholders
* Intervention Assistance Team Chair
* 504 Chair

**Licensing and Certifications**

* Certified: School Counseling K-12
* Certified: National Certified Counselor
* Certified: Nonviolent Crisis Intervention August 2016- Present

**Research and Scholarship Activities**

**Publications in Refereed Journals**

**Gonzales, S**., Limberg, D., & Cunningham, K.M.W. (2022). Facilitating role understanding and collaboration between aspiring school counselors and principals: A pilot convergent mixed-methods design. *Professional School Counseling Journal.*

Plotner, A. J., Walters, C. B., & **Gonzalez, S**. (2022). Exploring Special Education and Center for Independent Living Professional Beliefs on Collaboration and the Value-Based Principles That Drive Secondary Transition Service Delivery. *Journal of Disability Policy Studies*, *0*(0). <https://doi.org/10.1177/10442073221131284>

Limberg, D., **Gonzales, S.,** Fields, A., McCartney, E., & Thompson, C. (*in press*).Addressing K-12 Student’s Academic, Mental Health, and Career Development Needs During COVID-19. *Professional School Counseling.*

Limberg, D., Villares, E., **Gonzales., S**., Starrett, A., Rosen, N. (2022). An investigation of how school counselors adapted their delivery due to COVID induced disparities. *Professional School Counseling.*

Ohrt, J., Deaton, J., **Gonzales, S.,** Guest, J. (2022). Development and factor structure of the school counselor noncognitive skills scale (SCNSS): High school student perceptions’ of noncognitive skills services**.** *Professional School Counseling.*

Fields, A. M., Linich, K., Thompson, C. M., Saunders, M., **Gonzales, S. K**., & Limberg, D. (2022). A Systematic Review of Training Strategies to Prepare Counselors for Integrated Primary and Behavioral Healthcare. *Counseling Outcome Research and Evaluation*, 1-14.

Limberg, D., Cook, C., **Gonzales, S**., McCartney, E., & Romagnolo, S. (2021). Examining school counselors’ wellness and its contribution to their levels of altruism and burnout. *Journal of Counselor Leadership & Advocacy.*

**Gonzales, S.,** Toomey, M. T., & Lewis, O. (2020). Cohort support and professional identity development for first-year doctoral students during COVID-19. *SACES Newsletter. Summer.* 16-17.

**Publications (Under Review)**

Limberg, D., & **Gonzales, S.**,(revise and resubmit). School based counseling services in international schools: Opportunities for school counselors*. Journal of School-based Counseling Policy and Evaluation.*

**Book Chapters**

Limberg, D. & **Gonzales, S.** (2022). Leadership and advocacy in schools and universities. In C. Chang & C. Barrio Minton. (Eds.). *Leadership Excellence in Counseling: Professional and Client Advocacy.* Taylor & Francis Group.

Limberg, D., Guest, J., & **Gonzales, S.** (2021). History of social science research. In Flynn, S. (Ed.).

*Research Design for the Behavioral Sciences: An Applied Approach*. Springer Publishing.

Ohrt, J. & **Gonzales, S.** (2021). Structured feedback to enhance pre-service school counselor’s group leader skills. In Springer, S., Moss, L., & Schimmel, C. (Eds.) *A School Counselors Guide to Small Groups.* Cognella.

**Grants**

**Gonzales, S.** (2021) *Facilitating Role Understanding and Collaboration between Future School Counselors and Principals: A Mixed-Method Design*. ACES Dissertation Scholarship. $700

Limberg, D. & **Gonzales, S**. (2020) *Addressing K-12 Student’s Academic, Mental Health, and Career Development Needs During COVID-19.* Office of the Vice President for Research. $19,000.

**Presentations**

***National, International, & Regional Peer-Reviewed***

**Gonzales, S** & Limberg, D.(2022, November). Facilitating Role Understanding and Collaboration Between Aspiring School Counselors and Principals. Southern Association for Counselor Education and Supervision Conference.

**Gonzales, S.** (2022, October). Facilitating Role Understanding and Collaboration Between Aspiring School Counselors and Principals. Rocky Mountain Association for Counselor Education and Supervision Conference.

**Gonzales, S. &** Beeler, M. (2022, October). *Facilitating Role Understanding and Collaboration Between Aspiring School Counselors and Principals*. Idaho Aware-ISCA-ISPA-SSWAI 2022 Super-Conference.

**Gonzales, S.** (2022, August). *Bullying Prevention (STAC Program).* Institute for the Study of Behavioral Health and Addiction.

**Gonzales, S.,** Fields, A., Limberg., D. (2021, October) *How School Counselors Addressed Students’ Mental Health, Academic, and Career development through COVID-19: A Consensual Qualitative Research Inquiry.* Presented at the Association for Counselor Education and Supervision Conference.

McCartney, E., Limberg, D., Glasco, G., **Gonzales, S.,** Fields, A. & Thompson, C. (2021, October). *Exploring the experiences of elementary school counselors working with students with EBD: Implications for counselor education programs*. Presented at the Association for Counselor Education and Supervision Conference.

Limberg, D. & **Gonzales, S**. (2021, October). *A Grounded Theory of Research Identity Development of Counselor Education Doctoral Students*. Presented at the Association for Counselor Education and Supervision Conference

**Gonzales, S.,** Fields, A., Limberg., D. (2021, September) *How School Counselors Addressed Students’ Mental Health, Academic, and Career development through COVID-19: A Consensual Qualitative Research Inquiry.* Presented at the Association for Assessment and Research in Counseling Conference.

Limberg, D., Bayne, H., Guest, J., **Gonzales, S.** (2021, September). *Are Counselor Educators Conducting CQR Correctly? Methodological Challenges and Best Practices.* Presented at the Association for Assessment and Research in Counseling Conference.

Mitra, A. & **Gonzales, S.** (2021, April). *A Systematic Review of Conventional and Expanded Adverse Childhood Experiences (ACEs) in Diverse Populations: What Does the Future of Neuroscience Research Hold?* Presented at Discover U of SC, Columbia, SC, virtual format.

Limberg, D. & **Gonzales, S.** (2021, April). *Students’ Perspectives of Career Readiness: Implications for School Counselors.* Presented at American Counseling Association Conference, virtual format.

Limberg, D. & **Gonzales, S.** (2021, March). Using the FUN(Find-Understand-eNact) Model to Engage Principals in Comprehensive School Counseling Programs. Presented at Evidence-Based School Counseling Conference, virtual format.

Limberg, D. & **Gonzales, S.** (2021, March) *Utilizing Consensual Qualitative Research (CQR) in School Counseling Research: Methodological Challenges and Best Practices*. Presented at Evidence-Based School Counseling Conference, virtual format.

Mitra, A. & **Gonzales, S.** (2020, February). *A Systematic Review of Conventional and Expanded Adverse Childhood Experiences (ACEs) in Diverse Populations: What Does the Future of Neuroscience Research Hold?* Presented at American Association of Colleges for Teacher Education Conference, Atlanta, GA.

Wymer, B., Limberg, D., & **Gonzales, S.** (2019, September). *An Investigation of the Impact of a Supervision Intervention on Secondary Traumatic Stress Responses Among Counselors Treating Child Survivors of Sexual Abuse.* Presented at Association of Assessment and Research in Counseling Conference, San Antonio, Texas.

Guest, J., Wymer, B., Deaton, J., Linich, K., **Gonzales, S.,** & Toomey, T., (2019, September). *Managing Negative Contertransference Utilizing an Integrated Counselor Mindfulness Training for Counselors Working with Children Who Exhibit Externalized Behaviors in Session.* Presented at Association of Assessment and Research in Counseling Conference, San Antonio, Texas.

Limberg, D., & **Gonzales, S.** (2016, April). *Examining practicing school counselor’s level of burnout and*

*altruism*. Presented at American Counseling Association Conference, Montreal, Canada.

Limberg, D., & **Gonzales, S.** (2016, April). *Adolescent expectations of school counselors*. Presented at

American Counseling Association Conference, Montreal, Canada.

**Gonzales, S.** (2016, February) *Inside out: communicating abstract emotions concretely.* Presented at Chi Sigma

Iota Counseling Conference, Columbia, SC.

**Invited Presentations**

Byrd-Fort, V., **Gonzales, S.,** & Limberg, D. (2020, October) *Youth and Social Technology.* Presented to Beckman Center for Mental Health Services for South Carolina Department of Mental Health

**Gonzales, S.** (2019, December). *Experiencing Seasonal Stress.* Presented at the University of South Carolina for the Office of Diversity, Equity, and Inclusion in the College of Education

**Gonzales, S.** (2019, April). *Coping Strategies and Other Helpful Skills for Students in the Classroom.* Presented

at Bethel Elementary for all staff, Canton, NC.

**Gonzales, S.** (2019, February). *Trauma Education.* Presented at Bethel Elementary for all staff, Canton, NC.

**Gonzales, S.** (2018, March). *Adverse childhood experiences*. Presented at Bethel Elementary for all staff,

Canton, NC.

**Gonzales, S.** (2017, February). *Intervention assistance team: What teachers need to know.* Presented at Catawba Trail Elementary for all teachers and administrators, Columbia, SC.

**Research**

*June 2019- May 2022* **Graduate Research Assistant**

**Counseling and Advocacy Research Enhancement (CARE) Lab**

*University of South Carolina, College of Education*

The CARE Lab conducts research projects focused on three primary areas: outcome-based studies focused on clients and PreK-12 students, research identity development of counselors and counselor educators, advocacy of the counseling profession.

*June 2019- May 2022* **Graduate Assistant**

*Office of Diversity, Equity, and Inclusion*

*University of South Carolina, College of Education*

The Office of Diversity, Equity, and Inclusion works with university students, faculty, and staff to create and sustain an inclusive learning, living, and working environment where all members of the university’s community feel that they are welcomed, valued, and supported.

*May 2021- Aug 2021* **Graduate Research Assistant**

**Special Education Department**

*University of South Carolina*

Conducting literature searchers, writing literature review, data analysis, and other research related tasks for the Special Education department

*June 2015- May 2016* **Graduate Research Assistant  
Dr. Dodie Limberg and Dr. Jonathan Ohrt***University of South Carolina, College of Education*Integrated science, technology, engineering, and math into career development guidance and small group lessons, assisted with research and literature collection and review on school counselor effectiveness with students in low-income schools related to academic and social/emotional development, and collected and entered data into SPSS.

**Teaching**

**Teaching Experience**

Boise State University

COUN 534 Counseling Children and Adolescents- Spring 2023

COUN 528 Counseling Internship II- Spring 2023

COUN 526 Counseling Internship I- Fall 2022

COUN 533 Intro to School Counseling- Fall 2022

COUN 535 Classroom Management and Counseling Children with Exceptional Needs- Summer 2022

University of South Carolina

EDCE 502-01 Guidance Techniques for Classroom Teachers- Fall 2021

EDCE 502-02 Guidance Techniques for Classroom Teachers- Fall 2021

EDCE 502 Guidance Techniques for Classroom Teachers- Spring 2021

EDCE 502 Guidance Techniques for Classroom Teachers- Fall 2020

EDCE 600 Communication Skills in Counseling- Summer 1 2020

EDCE 600 Communication Skills in Counseling- Summer 2 2020

EDCE 502 Guidance Techniques for Classroom Teachers- Spring 2020

*Co- Instructed Courses*

University of South Carolina

EDCE 712 Comprehensive Developmental School Counseling- Fall 2019, Instructor- Dr. Dodie Limberg

*Guest Lecturing*

University of South Carolina

EDCE 705 Research Methods in Counselor Education- (Mixed Methods)- Fall 22, Instructor Dr. D. Limberg

EDCE 705 Research Methods in Counselor Education- (Mixed Methods)- Fall 21, Instructor Dr. D. Limberg

EDTE 201 Issues and Trends in Teaching and Learning- Fall 2021, Instructor: Mrs. Priscila Costa

EDCE 510 Introduction to Counseling- Spring 2021, Instructor: Mr. Timothy Burkhaulter

EDLP 700 Introduction to Educational Administration, Spring 2021, Instructor: Dr. Kathleen Cunningham

EDTE 201 Issues and Trends in Teaching and Learning, Fall 2020, Instructor: Mrs. Priscila Costa

EDCE 510 Introduction to Counseling- Fall 2020, Instructor: Mr. Mitchell Toomey

EDCE 570 Counseling Seminar- Fall 2020, Instructor: Ms. Olivia Lewis

EDTE 201 Issues and Trends in Teaching and Learning- Spring 2020, Instructor: Mrs. Priscila Costa

EDCE 510 Introduction to Counseling- Spring 2020, Instructor: Mr. Mitchell Toomey

EDCE 502 Guidance Techniques for Classroom Teachers- Fall 2019, Instructor: Ms. Jennifer Deaton

EDCE 510 Introduction to Counseling- Fall 2019, Instructor: Dr. Donya Wallace

EDCE 510 Introduction to Counseling- Summer 2019, Instructor: Dr. Dodie Limberg

EDCE 712 Comprehensive Developmental School Counseling- Fall 2016, Instructor: Dr. Dodie Limberg

**Service**

**Leadership Positions**

*July 2021- June 2022 Graduate Student Representative,* SACES

*July 2020- June 2021 Graduate Student Representative- Designee,* SACES

**Professional Service**

*July 2021- Current Professional School Counseling- Ad Hoc Reviewer*

*July 2021 AARC 2021 Proposal Reviewer*

*March 2021 ACES 2021 Proposal Reviewer*

*July 2021- June 2022 Graduate Student Representative,* SACES

*July 2020- June 2021 Graduate Student Representative- Designee,* SACES

*July 2020- June 2021 Graduate Student Committee Chair*, SACES

*July 2020- June 2021 Graduate Student and New Professional Interest Network Co-Chair*, SACES

*July 2020- Current Graduate Student Committee Member*, ACES

*August- December 2020 Supervision of Play Therapy*, University of South Carolina- EDCE 709

*September 2019- Present Volunteer Committee Co-Coordinator, SACES 2020 Conference*

*June 2015- May 2016* *School Counseling-Student-at-large,* Chi Sigma Iota Counseling Academic Professional Honor Society

**Professional Memberships**

* American School Counselor Association, Member, *2015- Present*
* American Counseling Association, Member, *2015- Present*
* Association for Assessment and Research in Counseling, *2019- Present*
* Association for Counselor Education and Supervision, *2019- Present*

Southern Association for Counselor Education and Supervision *2019- Present*

**Awards**

*April 2022* **Doctoral Student of the Year***, Department of Education Studies, University of South Carolina*

*April 2021* **Best Research Poster,** *Discover U of SC, Columbia, SC*

*March 2021* **ACES Graduate Student Dissertation Scholarship Awardee**, *ACES Graduate Student Committee*

*August 2020* **Counselor Education and Supervision Editorial Fellowship**, *Association of Counselor Education and Supervision*

*August 2019* **American Association of Colleges for Teacher Education Holmes Scholar** (2019- 22), *University of South Carolina*

*May 2016* **School Counseling Student of the Year**, *Chi Sigma Iota, University of South Carolina*