**Blaine C. Reilly, Ph.D., LCPC (IDAHO)**

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**Idaho State University** Meridian, Idaho

Ph.D. in Counselor Education and Counseling 2016

CACREP-accredited program

Dissertation: *Mindfulness Training: An Evaluation of Effects on Prepracticum Student Anxiety and Counseling Self-Efficacy*

**Idaho State University** Meridian, Idaho

M.COUN in Marriage, Couple, and Family Counseling 2007

CACREP-accredited program

**Gonzaga University** Spokane, Washington

B.A. in Psychology 1999



**CREDENTIALS**

LCPC (Licensed Clinical Professional Counselor) 4470 (IDAHO)



**Faculty Teaching & Supervision Experience (2016-2023)**

**Teaching Approach and Methods**

I operate from an Experiential, Humanistic, and Contemplative instructional integrative model. I utilize many instructional delivery methods—including asynchronous and synchronous courses to inculcate Dewey’s deeper learning and Bloom’s taxonomy. My primary pedagogical influences are bell hooks, John Dewey, Ken Bain, David Kolb, and Harriet Schwartz.

## Boise State University

Boise, ID

Clinical Lecturer August 15, 2022-Present

\*course syllabi, teaching philosophy, and evaluations available upon request

**Fall 2022 In-person, Synchronous courses**

* COUN 513 Group Counseling
* COUN 514 Practicum
* COUN 530 Suicide Prevention
* COUN 613 Advanced Group Counseling
* COUN 624 Advanced Supervision & Consultation
* COUN 628 Doctoral Internship II

**Spring 2023 In-person, Synchronous courses**

* COUN 505 Counseling Skills
* COUN 509 Culturally Aware Counseling
* COUN 514 Practicum
* COUN 567 Clinical Supervision & Practice
* COUN 597 Introduction to Mindfulness
* COUN 610 Advanced Leadership & Advocacy

**Fall 2023 In-person, Synchronous Classes**

* COUN 513 Group Classes
* COUN 526 Internship I
* COUN 545 Foundation of Addiction Counseling
* Addiction Cognate Coordination

## Adams State University

Alamosa, CO

Clinical Faculty August 15, 2016-June ‘22

\*course syllabi, teaching philosophy, and evaluations available upon request

## On-Campus Courses

* + COUN 586/596 Internship I
  + COUN 549 Foundations of Addiction Counseling
  + COUN 517 Lifespan Development
  + COUN 536 Prepracticum
  + COUN 537 Practicum
  + COUN 527 Group Skills

## Synchronous Clinical Courses (via Zoom)

* + COUN 536 Prepracticum
  + COUN 537 Practicum (Group Supervision)
  + COUN 527 Group Skills
  + COUN 585/586 Internship I (Group Supervision)
  + COUN 595/596 Internship II (Group Supervision)

## Asynchronous Courses (Online)

* + COUN 503 Introduction to Research
  + COUN 515 Multicultural Issues in a Pluralistic Society
  + COUN 517 Lifespan Development
  + COUN 524 Counseling Theories and the Helping Relationship
  + COUN 527 Group Counseling
  + COUN 546 Assessment in Counseling
  + COUN 549 Foundations in Addictions Counseling
  + COUN 550 Ethics and Professional Issues
  + COUN 554 Modalities in Mental Health Counseling
  + COUN 555 Clinical Mental Health Counseling
  + COUN 556 Mindfulness and Psychotherapy
  + COUN 570 Intro to Neurocounseling (created elective)

## Doctoral Courses (Hybrid: Synchronous/Asynchronous)

* + COUN 712 Qualitative Research Methodology
  + COUN 724 Advanced Group Counseling
  + COUN 744-755 Dissertation I-IV

## Dissertation Advisor

* + Nardin, J.M. (2019). *Inspiring military, cultural competence in counselor education: A narrative inquiry of non-military connected master’s students.* (Publication No. 22589743)[Doctoral Dissertation, Adams State University]. ProQuest Theses and Dissertations Global.
  + Suzuki, T. (in progress). Projected defense—Spring of 2022.

## Doctoral Supervisor and Mentor

From 2017 through 2021, I supervised and mentored Doctoral students in scholarship, teaching, and supervision. I utilized a combination of experiential learning, reflecting on action (Schon, 1987), and modeling. I served as editor and mentor in supporting doctoral scholarship, research self-efficacy, and identity. Also, I provided both summative and formative feedback on doctoral students’ emerging teaching styles and abilities.

## Faculty Responsibilities

* + - Advisor for Adams State on-campus cohort (2016-2018).

## Service

* + - Clinical Mental Health Coordinator (September 2017-2018)
    - Grant Concept Review Committee member (August 2017-2018)
    - La Llave Board Member (September 2017-August 2018)
    - Wednesday Reflection Coordinator (June 2017)
    - October 2016 Provided lecture to Music faculty and students—titled *Mindfulness and Performance Anxiety*.
    - Facilitate weekly mindfulness group for counseling students (2016-2019).
    - Interim RMACES Secretary September 2016-December 2016 and September 2017- November 2017.



**Adjunct Teaching and Supervision (Boise State University)**

* COUN 514 Practicum (Fall 2021)
* COUN 541 Addiction & The Family System (Summer 2021)
* COUN 506 Lifespan Development (Fall 2019)
* Provided Individual, Triadic, and Group Supervision for Practicum students (Fall 2019)
* Provided Triadic Supervision for Practicum students (Fall 2020)
* COUN 545 Foundations of Addictions Counseling
* Provided Supervision and Live Observation (Fall 2020)



**SUPERVISION**

## Supervisory Approach

I work to establish and develop the supervisory relationship while utilizing Bernard’s Supervision Model. Also, I incorporate a Gestalt conceptual lens combined with Learning Theory and an emerging infusion of Relational Cultural Theory.

Adams State University Alamosa, Colorado

Faculty Supervisor 2016-2021

Idaho State University Meridian, Idaho

Supervisor 2013-2016

Boise State University Boise, ID

Practicum Supervisor 2021-2023

Individual and Triadic Supervision

* + - Provided supervision through the use of the Discrimination Model and Gestalt experiments to promote student interpersonal and intrapersonal growth
    - Used strength-based and relational focus with Master’s-level students
    - Provided formative and summative feedback
    - Used the Counseling Skills Scale (CSS) for summative feedback



**SCHOLARSHIPS & AWARDS**

* + - National Health Service Corps Loan Repayment Recipient, 2011-2013
    - Rocky Mountain Association of Counselor Education and Supervision Dissertation Award Recipient 2015



**PUBLICATIONS**

Bruneau, L. & **Reilly, B.C**. (2021). Fostering connection and authenticity in online counseling education through relational pedagogy. *Journal of Technology in Counselor Education and Supervision.*

**Reilly, B.C**. (2016). Mindfulness infusion through CACREP standards*. Journal of Creativity in Mental Health, 11*(2), 213-224.

Midget, A., Moody, S.J., **Reilly, B.C**., & Lyter, S. (2017). The phenomenological experience of student advocates trained as defenders to stop school bullying. *Journal of Humanistic Counseling, 56*(1), 53-71.



**PROFESIONAL PRESENTATIONS**

# National

Cigrand, C. & Reilly, B.C. (2017). The Integration of Mindfulness and Contemplative Practices in the Classroom. Association for Counselor Educators and Supervisors Conference: Chicago, IL.

Rigsbee, N. & Reilly, B.C. (2017). Innovative Methods for Teaching Statistics in an Online Doctoral Program. Association for Counselor Educators and Supervisors Conference: Chicago, IL.

Reilly, B.C**.**, Young, M., & Destler, D. (2015). BITE to the Rescue! A supervisory training tool to assist counselor educators in today’s fast paced educational environment. Association for Counselor Educators and Supervisors Conference: Philadelphia, PA.

Reilly, B.C., Moody, S., & Yates, C. (2015). The Union of Biometrics and Single Subject Design in Counselor Education. ACES Inform. Association for Counselor Educators and Supervisors Conference: Philadelphia, PA.

Avery, D. & Reilly, B.C. (2015). Group SUP 9: A structured and creative approach to group supervision. Association for Counselor Educators and Supervisors Conference: Philadelphia, PA

# Regional

Bruneau, L. & Reilly, B.C. (2021). Connected Teaching. Counselor Education Distance Learning Conference.

Tomlin, L. & Reilly, B.C. (2020). Can I laugh with my clients? The Association for Humanistic Counseling Conference: Denver, CO

Reilly, B.C. & Givens, J. (2018). How does that make you feel? A new model for understanding emotion for counselor training. Rocky Mountain Association for Counselor Educators and Supervisors Conference: Park City, UT.

Reilly, B.C. (2018). Breathing in, slowing down…The experiential infusion of mindfulness into the course of an addiction. Rocky Mountain Association for Counselor Educators and Supervisors Conference: Park City, UT.

Reilly, B.C. & Moody, S.J. (2016). Beyond survey instruments: Using biometrics to study mindfulness in pre-practicum. Rocky Mountain Association for Counselor Educators and Supervisors Conference: Steamboat Springs, CO.

Taylor, K., Avery, D., & Reilly, B.C. (2016). Bridging science and tradition: Using storytelling and metaphors for student engagement and collaboration in supervision. Western Association for Counselor Educators Conference: Vancouver, British Columbia, Canada.

Reilly, B.C. (2014). Letting go of shame and doubt in moving toward vulnerability, authenticity, and creativity in counselor education. Rocky Mountain Association for Counselor Educators and Supervisors Conference: Jackson Hole, WY

Reilly, B.C. (2014). This is your brain on technology; this is your brain on mindfulness: A mindful approach with today’s technology in the classroom. Western Association for Counselor Educators and Supervisors Conference: Anaheim, CA.

# State

Young, M., Reilly, B.C., Garn, P. (2015). Live Supervision: Reflect in Action. Live! Part 1. Idaho Counseling Association Conference: Boise, ID.

Young, M., Reilly, B.C., Garn, P. (2015). Live Supervision: Reflect in Action. Live! Part 2. Idaho Counseling Association Conference: Boise, ID.

Gess,. J., Lister, K., Reilly, B.C, & Wells, P. (2014). Safe Zone Training: Serving our LGBTQ Community. Idaho Counseling Association Conference: Boise, ID.

Gess, J., & Reilly, B.C (2014). LGBTQ Affirmative Counseling. Idaho Counseling Association

Conference: Boise, ID.

Salazar, B. M., Dennis, B., Reilly, B.C, & Lister, K. (2013). A Framework for Working with Suicidal Clients. Wyoming Counseling Association Conference: Jackson, WY.

# Professional Workshop Presentations

Reilly, B.C. & Rapp, M.(2016). Clinical Supervision(2 days)Idaho Counseling Association Boise, ID.

Avery, D.& Reilly, B. C**.** (2015). Clinical Supervision. Idaho State University Professional Workshop Series: Meridian, Idaho.

Reilly, B. C. & Lamb, B. (2015). Ethical Decision Making Utilizing Multicultural Competencies.

Idaho State University Professional Workshop Series: Meridian, Idaho.

Reilly, B. C. (2014). Ethics in Family, Couple and Marriage Counseling. Idaho State University Professional Development Workshop Series: Meridian, Idaho

Bohecker, L. & Reilly, B. C. (2014). Ethics in Family, Couple and Marriage Counseling. Idaho State University Professional Workshop Series: Meridian, Idaho.

Gess, J. & Reilly, B. C**.** (2014). Safe Zone Training. Idaho State University: Meridian, Idaho.



**PROFESSIONAL DEVELOPMENT**

* Western Association for Counselor Educators and Supervisors Conference, 2014
* Rocky Mountain Association for Counselor Educators and Supervisors Conference, 2014
* Idaho Counseling Association Conference, 2014
* Association for Counselor Educators and Supervision Conference, 2013
* Gestalt Therapy Training Center Northwest two-year training program, 2010-2012
* Professional member of CSI



**CLINICAL EXPERIENCE**

**Idaho State University** Boise, Idaho

Counseling Clinic Coordinator 2013 - present

* Provided weekly supervision for 4-8 Master-level counseling students.
* Provided administrative services for the clinic.
* Supervised Motivational Interviewing station at Community Health Screenings.
* Provided HIV results at Community Health Screenings.
* Supervised TBI screening procedure at Community Health Screenings.

**Bridgeway Health Services** Eagle, Idaho

Clinical Counselor 2012-2013

* Facilitated dual diagnosis group with individuals with pain management needs.
* Provided individual therapy for dually diagnosed clients.

**Kuna Counseling** Kuna, Idaho

Clinical Counselor 2010 - 2013

* Conducted Medicaid Comprehensive Assessments
* Developed Individualized Treatment plans for therapy and PSR (Psychosocial Rehabilitation)
* Assessed the need for PSR with individuals
* Provided Individual Counseling
* Provided Family Counseling
* Provided Marital and Couple Counseling
* Provided Parenting consultation
* Provided counseling for adolescents and children

**Affinity, Inc.** Boise, Idaho

Clinical Counselor 2007-2010

* Conducted Medicaid Comprehensive Assessments (intake)
* Developed Individualized Treatment plans for therapy, PSR, and Day Treatment
* Provided Individual counseling
* Provided Family counseling
* Provided Couples counseling
* Provided Day Treatment Facilitation
* Received weekly Clinical Supervision
* Provided group facilitation for Chemical Dependency Groups—under NFATTC supervision
* Provided group facilitation for men at the River of Life shelter—Chemical Dependency Program—under NFATTC supervision
* Over 2000 hours of direct service

## Affinity, Inc.

PSR Coordinator 2009 - 2010

* Provided ongoing support and supervision for Psychosocial Rehabilitation (PSR) Specialists
* Served as liaison between clients and supports within the community
* Member of Interdisciplinary Team that reviews and staff cases for Affinity
* Member of the Human Rights Committee of Affinity that review ethical cases and incident reports
* Reviewed PSR case notes for the effectiveness of services
* Provided ongoing training for PSR Specialists
* Reviewed PSR treatment plans for appropriateness of services
* Reviewed Comprehensive Diagnostic Assessments to ensure the validity of diagnoses of clients
* Reviewed Functional Assessments to ensure the appropriateness of PSR services



**SERVICE**

**Idaho Association of Counselor Education and Supervision** Idaho President 2015-2016

* Worked toward creating and coordinating supervision workshops to meet new Idaho Bureau

of Occupation of Licensing rule of continuing supervision educational credits

* Provided Supervision of Supervision workshops

**Traumatic Brain Injury Trainer** Meridian, Idaho 2015-present

* + Training graduate-level students in the administration of the OSU-TBI structured interview
  + Overseeing graduate-level students who administer the interview at CHS events.



**PROFESSIONAL MEMBERSHIP**

* + American Counseling Association 2013-present
  + Idaho Counseling Association 2007-present
  + Idaho Association of Counselor Education and Supervision 2015-2017
  + Idaho Association for LGBT Issues in Counseling 2020-present
  + Chi Sigma Iota National Honor Society for Counseling 2015-present
  + Association for Counselor Education and Supervision 2013-present
  + Association for Creativity in Counseling 2013-present
  + Association for Play Therapy 2011-2012