**Raissa Miller, Ph.D., LPC**

Department of Counselor Education

Boise State University

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**EDUCATION**

**Ph.D., Counseling** (2014)

University of North Texas, Denton, Texas

Department of Counseling and Higher Education, CACREP Accredited

Dissertation Title:  *Experiences Learning* *Interpersonal Neurobiology: An Interpretative Phenomenological Analysis*

**M.Ed., Counseling** (2009)

University of North Texas, Denton, Texas

Department of Counseling and Higher Education, CACREP Accredited

Emphasis: Community Counseling

**B.A., International Studies** (2005)

University of North Texas, Denton, Texas

Major: International Studies; Minor: Spanish and Counseling

**LICENSURE, CERTIFICATION, & SPECIALIZED TRAINING**

Idaho Licensed Professional Counselor (#5734)

Texas Licensed Professional Counselor (inactive status) (#66935)

Certified Positive Discipline Parent Educator (2020)

Certificate of Professional Studies in Adlerian Psychology, Idaho Society for Individual Psychology (2017)

Certified Child-Centered Play Therapist- Supervisor, Center for Play Therapy (2017)

Certified Child-Parent Relationship Therapist- Supervisor, Center for Play Therapy (2017)

Certificate in Interpersonal Neurobiology, Mindsight Institute (2013)

Nurturing the Heart with the Brain in Mind: A Year-Long (72-hrs.), Experience-Rich Training in the Application of Interpersonal Neurobiology (2018)

Applied Suicide Intervention Skills Training (ASIST) Certified (2010)

Gottman Levels 1 & 2 Certified, the Gottman Institute (2013, 2014)

SASSI Clinical Interpretation Certificate of Completion (2014)

**ACADEMIC POSITIONS**

**Associate Professor (Tenured)** (2020-Present)

**Assistant Professor** (08/2014- 2020)

*Associate Chair (2021-Present)*

*CACREP Coordinator (2021-Present)*

*Addiction Program Coordinator (2014-2021)*

*Practicum Coordinator (2016-Present)*

Department of Counselor Education

Boise State University, Boise, Idaho

* Instruct and supervise master’s students in school and addiction counseling cognates, as well as doctoral students in counselor education and supervision.
* Advice master’s and doctoral students.
* Serve on department, college, and university committees.
* Supervise master’s and doctoral students’ research.
* Conduct research regarding neurobiology and counseling, as well as addiction treatment.
* Engage in administrative duties consistent with coordinator and associate chair roles.

**TEACHING EXPERIENCE**

**Instructor of Record**

Department of Counselor Education

Boise State University

* COUN 550: Diagnosis, Assessment, and Treatment Planning, Fall 2014, 2015, 2016, 2017, 2018, 2023
* COUN 526: Internship I, Fall 2014, 2015, 2020, 2023
* COUN 528: Internship II, Spring 2015
* COUN 527: Applied Research/ Counseling Practice Evaluation, Fall 2014, 2015; Spring 2019
* COUN 548: Addiction and Behav. Health Assessment and Intervention, Spring 2015, 2016
* COUN 549: Motivational Interviewing, Spring 2015, 2016, 2017, 2018 and Fall 2018, 2019, 2020, 2021, 2022, 2023
* COUN 547: Chemical Addictions and Violence Prevention, Summer 2015
* COUN 543: Assessing and Managing Adolescent Substance Use and Mental Health Risks, Summer 2015
* COUN 566: Seminar- Special Populations in Counseling, Fall 2015
* COUN 512: Statistics and Research Design, Spring 2016, 2017, 2018
* COUN 597: Applications of n-CBT in the Schools, Fall 2016
* COUN 514: Counseling Practicum I, Fall 2016, 2017, 2018, 2022
* COUN 516 Counseling Practicum II, Spring 2017, 2018, 2019, 2020, 2021
* COUN 592 Portfolio, Spring 2017
* COUN 614 Advanced Practicum I, Fall 2016, 2017, 2018
* COUN 596 Independent Study, Fall 2016, 2022
* COUN 690 Counselor’s Master’s Comprehensive Exam, Fall 2016

COUN 506 Lifespan Development, Summer 2016, 2017, Spring 2019, Fall 2020, 2021, 2022

* COUN 597 Special Topics: Youth Behavioral Health Interventions, Fall 2017
* COUN 624 Advanced Supervision and Consultation, Spring 2017, 2018, 2019, 2021
* COUN 567 Supervision, Spring 2020
* COUN 568 Seminar, Fall 2020, 2021, 2022
* COUN 620 Scholarship, Fall 2021
* COUN 626 Doctoral Internship, Spring 2022, Fall 2023
* COUN 501 Foundations and Ethics in Counseling, Summer 2022, 2023

**COUNSELING EXPERIENCE**

**Mental Health Counselor** (8/2014-Present)

Boise State Practicum Lab

- Conduct individual counseling sessions for young adult and adult clients presenting with a wide range of clinical concerns.

**Neurofeedback Counselor-in-Training** (12/2016-4/2017)

Dr. Barbara Minton Boise, Idaho

- Facilitated neurofeedback training sessions (e.g., z-score training).

- Observed advanced neurofeedback and related sessions (e.g., QEEG sessions).

**Group Counselor** (01/2015-08/2016)

Recovery 4 Life, Boise, Idaho

* Facilitated group counseling for individuals diagnosed with substance use and other mental health disorders.
* Coordinated with other counselors and community partners to structure client care and progress towards treatment goals.

**Counselor in Private Practice** (08/2012-05/2014)

Griffin Therapy Center, Denton, Texas

* Provided individual and couples therapy for clients presenting with a wide range of developmental and clinical concerns.
* Conducted drug and alcohol assessments and psychiatric evaluations for the Denton County Department of Corrections. These evaluations included administration, scoring, and reporting of the Addiction Severity Index (ASI), Adult Substance Abuse Subtle Screening Inventory (SASSI-3), and Minnesota Multiphasic Personality Inventory-2 (MMPI-2).
* Provided individual counseling for clients on probation, including anger management, drug and alcohol relapse prevention, stress management, and interpersonal skills.
* Advocated for clients at individual, community, and societal levels (e.g., connecting with individuals in client’s social system, educating clients about additional services within the community, participating in state and national level campaigns to support mental health services, engaging in community mental health education).

**Mental Health Counselor** (6/2010-2/2013)

Child and Family Resource Clinic and the Counseling and Human Development Center

University of North Texas, Denton, Texas

* Provided individual and couples counseling to community clients presenting with a wide range of developmental and clinical concerns.
* Facilitated play therapy and activity therapy for clients ranging from age 4-9.
* Taught parenting skills, provided emotional support, and assessed needs of child/adolescent clients in parent consultations.
* Conducted ten-week Child Parent Relationship Therapy (CPRT) group for parents.
* Co-lead two personal growth groups comprised of master’s students from the University of North Texas.
* Conducted intakes, including formal assessments, for new clients.
* Engaged in client advocacy on individual, community, and societal levels.

**Internship Counselor, Post-Graduate Volunteer Counselor** (1/2009-05/2010)

Children’s Advocacy Center of Denton County, Lewisville, Texas

* Provided individual and group counseling for victims of sexual abuse and/or family members of individuals who experienced sexual abuse. Clients ranged from age 4-65+.
* Collaborated with local law enforcement personnel, Child Protective Services (CPS), and other community based organizations to advocate for client needs and service.

**SUPERVISION EXPERIENCE**

**Clinical Supervisor** (08/2014- Present)

Department of Counselor Education

Boise State University

* Provide regular individual/triadic and group supervision for students enrolled in master’s and doctoral practicum course.
* Provided bi-weekly group supervision for students enrolled in master’s internship course (2014-2016).

**Doctoral Supervisor** (01/2011-05/2012)

Department of Counseling and Higher Education (CACREP-Accredited)

University of North Texas, Denton, Texas

* Provided individual, triadic, and group supervision for students enrolled in master’s level advanced skills and practicum courses.

**PUBLICATIONS**

**Miller, R. M.** (2023). Neuroscience of co-occurring mental and substance use disorders. In R. W. Holt & R. Moro (Eds), *Counseling individuals with co-occurring addictive and mental disorders: A comprehensive approach (pp. 71-89).* Springer Publishing.

Doumas, D., Russo, G. M., **Miller, R. M**., Esp, S., Mastroleo, N., & Turrisi, R. (2022). Sensation seeking and adolescent drinking: Do protective behavioral strategies lower risk? *Journal of Counseling and Development.* <https://doi.org/10.1002/jcad.12430>

Gallo L. L., Miller, R., Doumas, D., Midgett A., & Porchia, S. (2021) Counseling students’ experiences learning how to assess for suicide risk. *Journal of Counselor Preparation and Supervision, 14* (3). <https://digitalcommons.sacredheart.edu/jcps/vol14/iss3/9>

Dickinson, R., **Miller, R. M**., & Beeson, E. T. (2021). Leveraging neuroscience-informed resilience principles to support clients’ career decision making. *Career Development Quarterly, 69,* 340-354. <https://doi.org/10.1002/cdq.12278>

**Miller, R. M.** (2021). Early adversity and neurodevelopment: Implications for school counselors. In M. A. Rausch & L. L. Gallo (Eds.), *Strengthening school counselor advocacy and practice for important populations and difficult topics* (pp. 315-336). IGI Global. [http://doi:10.4018/978-1-7998-7319-8](about:blank)

**Miller, R. M.** & Beeson, E. T. (2020). *The neuroeducation toolbox: Practical translations of neuroscience in counseling and psychotherapy*. Cognella.

Luke, C., Beeson, E. T., **Miller, R. M**., Field, T. A., & Jones, L. (2020). Counselor perceptions of ethical issues integrating neuroscience into counseling. *The Professional Counselor,10,* 204-219. doi:10.15241/cl.10.2.204

**Miller, R. M**., Field, T. A., Beeson, E. T., Doumas, D. M., & Jones, L. K. (2020). The impact of neuroscience-Informed cognitive-behavior therapy training on knowledge and interoceptive awareness. *The Journal of Counselor Preparation and Supervision, 13*(2). <http://dx.doi.org/10.7729/42.1348>

Tavakoli, S., **Miller, R. M**., Luke, C., Field, T. A., & Weigold, I. K. (2020). Publishing in the Journal of Mental Health Counseling: A guide for authors. *Journal of Mental Health Counseling, 42,* 95-109. <https://doi.org/10.17744/mehc.42.2.01>

**\*Miller, R. M**., & Beeson, E. T. (2019). Neuro-informed applications in counseling: American Counseling Association practice brief. *The Center for Counseling Practice, Policy and Research.* Retrieved from counseling.org/practice\_briefs.

Field, T. A., **Miller, R. M.**, Beeson, E. T., & Jones, L. K. (2019). Measuring treatment fidelity in neuroscience-informed cognitive behavior therapy. *Journal of Mental Health Counseling, 41,* 359-376. doi: 10.17744/mehc.41.4.06

Beeson, E. T., & **Miller, R. M**. (2019). Grounding neuro-informed practice in a humanistic framework: A Response to Wilkinson. *Journal of Humanistic Counseling, 58,* 95-107. https://doi.org/10.1002/johc.12099

Doumas, D. M., Turrisi, R., **Miller, R. M.**, Esp, S., & Flay, B. (2019). Age of drinking initiation as a mediator of the relationship between sensation seeking and heavy drinking among high school seniors. *Journal of Child and Adolescent Substance Abuse, 28*, 32-38. doi:10.1080/1067828X.2018.1561579

Luke, C., **Miller, R. M**., & McAuliffe, G. (2019). Neuro-informed mental health counseling: A person-first perspective. *Journal of Mental Health Counseling, 41,* 65-79. https://doi.org/l0.l7744/mehc.4l.l.06

Doumas, D., **Miller, R. M**., Esp, S. (2019). Continuing education in motivational interviewing for addiction counselors: Reducing the research-to-practice Gap. *The Journal of Addictions & Offender Counseling, 40* (1), 36-51. <https://doi.org/10.1002/jaoc.12055>

**Miller, R. M.** (2019). Neurobiology Principles and CPRT. In G. L. Landreth & S. C.

Bratton (Eds.), *Child Parent Relationship Therapy (CPRT)* (2nd ed.) (pp.13-28).

Doumas, D.,Esp, S., & **Miller, R. M.** (2018). The impact of brief intervention workshops on addiction provider knowledge, skills, and attitudes toward evidence-based practices. *Journal of Drug Education: Substance Abuse Research and Prevention.* <https://doi.org/10.1177/0047237918800985>

**Miller, R. M.**, Chan, C. D., & Farmer, L. B. (2018). Interpretative phenomenological analysis: A contemporary phenomenological approach. *Counselor Education and Supervision, 57,* 240-254. <https://doi.org/10.1002/ceas.12114>

Midgett, A., Doumas, D. M., Johnson, A., Trull, R., & **Miller, R**. (2018). Rethinking bullying intervention at the high school level and empowering students to act as advocates. *Journal of Child and Adolescent Counseling, 4,* 145-163*.* <https://doi.org/10.1080/23727810.2017.1381932>

**Miller, R. M.**, Gallo, L.. & Moore, L. (2018). Middle school counselors experiences learning and applying principles of adolescent brain development. *Journal of Child and Adolescent Counseling, 4,* 101-116. <https://doi.org/10.1080/23727810.2017.1381909>

Field, T. A., Beeson, E. T., Jones, L. K., & **Miller, R.** (2017). Counselor allegiance and client expectancy in neuroscience-informed cognitive-behavior therapy: A 12-month qualitative follow-up. *Journal of Mental Health Counseling, 39,* 351-365. doi:10.17744/mehc.39.4.06

Doumas, D. M., **Miller, R.,** & Esp, S. (2017). Sensation seeking, binge drinking, and

            alcohol-related consequences: Do protective behavioral strategies help high risk

            adolescents? *Addictive Behaviors*, *64*, 6-12. doi: 10.1016/j.addbeh.2016.08.003

Beeson, E. T., Field, T. A., **Miller, R. M.,** & Jones, L. K. (2017). *nCBT: A semi-structured treatment manual*. Boise, ID: Boise State University.

**Miller, R. M.**, & McManus, J. D.(2016). Examining Binge-Eating Disorder: Assessment, Diagnosis, and Treatment Implications for Counselors. *Journal of Professional Counseling, 43,* 2-16. <https://doi.org/10.1080/15566382.2016.12033949>

**Miller, R. M.** (2016). Interpersonal neurobiology: Implications for the counseling profession. *Counseling Today, 59*, 22-25.<https://scholarworks.boisestate.edu/cgi/viewcontent.cgi?article=1174&context=cifs_facpubs>

**Miller, R. M.** & Taylor-Dillman, D.(2016). Does individual psychology stand the test of time:

An examination of adlerian principles from a neuroscience perspective. *Journal of*

*Humanistic Counseling, 55,* 111-128*.*  <http://dx.doi.org/10.1002/johc.12028>

**Miller, R. M.** (2016). Neuroeducation: Integrating brain-based psychoeducation into clinical

practice. *Journal of Mental Health Counseling, 38*(2), 103-115.

doi: 10.17744/mehc.38.2.02

**Miller, R. M.,** & Barrio-Minton, C. A. (2016). Experiences learning interpersonal

neurobiology: An interpretative phenomenological analysis. *Journal of Mental Health*

*Counseling, 38*(1), 47-61. doi: 10.17744/mehc.38.1.04

Ray, D., Jayne, K., & **Miller, R. M.** (2014). Master counselors as teachers: Clinical practices

of counselor educators. *Journal of Mental Health Counseling, 36*(1), 78-94. doi:10.17744/mehc.36.1.r71044x11x44tn5p

**Miller, R. M.** & Prosek, E. (2013). Trends and implications of proposed changes to the DSM-5

for vulnerable populations. *Journal of Counseling & Development, 91* (3), 359-366*.* doi: 10.1002/j.1556-6676.2013.00106.x

**GRANTS**

**Funded**

*Exploring the Impact of a Mobile Resilience Building Program in the COVID-19 Era.* Association for Assessment and Research in Counseling. (8/2020-7/2021). Award: $4180.00. (Co-Primary Investigator)

*Presentations and Activities to Assist Parents and Families During COVID-19.* Substance Abuse & Mental Health Services Administration/DHHS. (5/2020-8/2020). (Project Presenter and Activity Developer)

*Youth Behavioral Health Internship (YBHI) for Masters in Counseling Students.* Substance Abuse & Mental Health Services Administration/DHHS. (9/16-12/17) Award: $215,000 (Co-Project Coordinator)

*Development of an n-CBT Treatment Manual and Research Protocol,* Boise State College of Education Seed Grant (7/16-6/17). Award: $9, 329 (Primary Investigator)

*Dissemination of Evidenced-Based Practices for Substance Use Disorders,* Millennium Fund Grant, Idaho Legislative Services. (7/15-6/16). Award: $116, 246 (Program Evaluator)

2013 Southern Association for Counselor Education and Supervision (SACES) Research Grant

2013 Texas Counseling Association (TCA) Educational Endowment Grant

**Unfunded**

*Equipping the Front Lines: Brain-Based Education for School Counselors to Prevent Underage Drinking,* Idaho State Liquor Division Grant. Not funded.

*Understanding the Adolescent Brain to Support Optimal Adolescent Emotional Well-Being,* Blue Cross Foundation of Idaho. Not funded.

*Brain-Based Education for Prevention of Underage Drinking,* Idaho State Liquor Division Grant. Not funded.

**PODCASTS**

Miller, R (Producer). (2022, December 21). Emotion Regulation Strategies for Children and Adolescents [Audio Podcast]. The Thoughtful Counselor. Retrieved from <https://concept.paloaltou.edu/resources/the-thoughtful-counselor-podcast/emotion-regulation-strategies-for-children-and-adolescents>

Miller, R (Producer). (2022, August 31). An Expansive Perspective on the Science of Psychotherapy [Audio Podcast]. The Thoughtful Counselor. Retrieved from https://concept.paloaltou.edu/resources/the-thoughtful-counselor-podcast/an-expansive-perspective-on-the-science-of-psychotherapy?hs\_preview=YikLbndw-83599363474

Miller, R. (Producer). (2022, May 4). Aperture Awareness: A Neurobiological Grounded Approach to Connected Conversation [Audio Podcast]. The Thoughtful Counselor. Retrieved from <https://concept.paloaltou.edu/resources/the-thoughtful-counselor-podcast/aperture-awareness-a-neurobiological-grounded-approach-to-connected-conversation?hs_preview=qfZfvPeF-72673095226>

Miller, R. (Producer). (2022, March 2) Healthy Body, Healthy Mind: Exercise Psychology Considerations for Work with Athletes and Non-Athletes in Counseling [Audio Podcast]. The Thoughtful Counselor. Retrieved from <https://concept.paloaltou.edu/resources/the-thoughtful-counselor-podcast/healthy-body-healthy-mind-exercise-psychology-considerations-for-work-with-athletes-and-non-athletes-in-counseling>

Miller, R. (Producer). (2021 November 17). Advancing Despite Adversity: Resilience Through the Lens of Neuroscience [Audio Podcast]. The Thoughtful Counselor. Retrieved from <https://concept.paloaltou.edu/advancing-despit…-of-neuroscience/>

Miller, R. (Producer). (2021, June 2). EP205: Healthy Minds- Exploring the Neuroscience of Contemplative Practices with Courtland Dahl [Audio Podcast]. The Thoughtful Counselor Podcast. Retrieved from <https://wp.me/p7R6fn-Xtu>.

Miller, R. (Producer). (April 21, 2021). Neuroscience of Early Adversity [Audio Podcast]. The Thoughtful Counselor. Retrieved from <https://wp.me/p7R6fn-XsI>

Miller, R. (Producer). (2021, January 21). EP196: Treating Childhood Anxiety: A Parent-Based Approach with Eli Lebowtiz [Audio Podcast]. The Thoughtful Counselor. Retrieved from <https://wp.me/p7R6fn-XoY>.

Miller, R. (Producer). (2020, September 1). EP184: Questioning the Scientific Methods and Clinical Utility of Biological Explanations for Mental Distress with Peter Simmons [Audio Podcast]. The Thoughtful Counselor. Retrieved from <https://wp.me/p7R6fn-Xlx>.

Miller, R. (Producer). (2020, March 31). EP164: Ethical Practice During the COVID-19 Pandemic – Limitations and Adaptations to Telehealth with Dee Ray and Lee Kinsey [Audio Podcast]. The Thoughtful Counselor. Retrieved from <https://wp.me/p7R6fn-Xfx>.

Miller, R. (Producer). (2020, March 17). EP162: Interpersonal Neurobiology – Integrating the Brain and Relational Self with Lynn Redenbach and Greg Czyszczon [Audio Podcast]. The Thoughtful Counselor. Retrieved from <https://wp.me/p7R6fn-XeL>.

Raissa, M. (Producer). (2020, January 14). EP153: Contemporary Thoughts on Addiction and Recovery – A Conversation with Dr. Oliver Morgan on How Learning Neuroscience has Influenced his Teaching and Practice [Audio Podcast]. The Thoughtful Counselor. Retrieved from <https://wp.me/p7R6fn-XbU>.

Miller, R. (Producer). (2019, November 12). EP148: Beyond ‘Its Good For You’ – How Exercise Impacts the Brain and Body with Julia Basso [Audio Podcast]. The Thoughtful Counselor. Retrieved from https://thethoughtfulcounselor.com/?p=227467.

Miller, R. (Producer). (2019, September 3). EP140: Theoretical and Ethical Implications of Neuroscience and Counseling Integration with Chad Luke [Audio Podcast]. The Thoughtful Counselor. Retrieved from <https://thethoughtfulcounselor.com/?p=227385>.

Miller, R. (Producer). (2019, July 15). EP134: Affective Neuroscience and Learning- Implications from Affective Neuroscience for Learning and Mental Health with Mary Helen Immordino-Yang [Audio Podcast]. The Thoughtful Counselor. Retrieved from <https://thethoughtfulcounselor.com/?p=227297>.

Miller, R. (Producer). (2019, April 17). EP123: Examining Neuroscience-Informed Perspectives on Depression and Practical Life Changes to Address Symptoms with Alex Korb [Audio Podcast]. The Thoughtful Counselor. Retrieved from <https://wp.me/p7R6fn-GU>.

Miller, R. (Producer). (2019, February 7). EP114: Reconsidering Chronic Pain – How Understanding the Neuroscience of Pain Can Transform Treatment with Howard Schubiner [Audio Podcast]. The Thoughtful Counselor. Retrieved from <https://wp.me/p7R6fn-Df>.

Shook, M. (Producer). (2018, November 29). EP108: Year End Reflection: Allison, Megan, Raissa, and Mike Reflect on 2018 [Audio Podcast]. The Thoughtful Counselor. Retrieved from <https://wp.me/p7R6fn-tJ>.

Miller, R. (Producer). (2018, November 14). EP106: Social Baseline Theory – The Primacy of Social Relationships in the Regulation of Emotions [Audio Podcast]. The Thoughtful Counselor. Retrieved from <https://wp.me/p7R6fn-ts>.

Miller, R. (Producer). (2018, August 8). An Interpersonal Neurobiological Approach to Sex Addiction: Understanding the Brain, Mind, and Relationships to Foster Hope and Healing [Audio Podcast]. The Thoughtful Counselor. Retrieved from <https://wp.me/p7R6fn-rg>.

Miller, R. (Producer). (2018, June 13). The Transdiagnostic Sleep and Circadian Intervention (TranS-C): Understanding the Bio-Psycho-Social Elements Influencing Sleep and Clinical Interventions for Fostering Sleep Behavior Change with Allison Harvey [Audio Podcast]. *The Thoughtful Counselor.* Retrieved from <https://wp.me/p7R6fn-q8>.

Miller, R. (Producer). (2018, March 28). Mood Follows Food: An Introduction to the Relationship between Nutrition and the Embodied Brain with Leslie Korn [Audio Podcast]. *The Thoughtful Counselor.* Retrieved from <https://wp.me/p7R6fn-nt>.

Miller, R. (Producer). (2018, January 17). Polyvagal Theory Applied: Moving from Fight or Flight to Social Engagement for Sustainable Living [Audio Podcast]. *The Thoughtful Counselor*. Retrieved from <https://wp.me/p7R6fn-je>

Shook, M. (Producer). (2017, December 28). Reflecting on 2017: A Collective Interview with the Thoughtful Counselor Team [Audio Podcast]. *The Thoughtful Counselor*. Retrieved from <https://wp.me/p7R6fn-iR>

Miller, R. (Producer). (2017, November 16). Practical Neuroscience Applications for Understanding and Treating Addiction: A Conversation with Mark Woodford [Audio Podcast]. *The Thoughtful Counselor*. Retrieved from <https://wp.me/p7R6fn-hf>

Miller, R. (Producer). (2017, September 13). Applying Principles of Neuroscience to Support Greater Safety and Co-Regulation in Long Term Committed Relationships: A Psycho-biological Approach to Couples Therapy [Audio Podcast]. *The Thoughtful Counselor*. Retrieved from <http://wp.me/p7R6fn-e9>

Miller, R. (Producer). (2017, July 12). Neuroscience and Humanistic Counseling Values: A Critical Look at the Integration of Neuroscience in Counseling with Brett Wilkinson [Audio Podcast]. *The Thoughtful Counselor*. Retrieved from <http://wp.me/p7R6fn-bw>

Miller, R. (Producer). (2017, May 9). Neuroscience-Informed Cognitive Behavioral Therapy (nCBT): A New Framework for Client Conceptualization and Treatment Planning with Eric Beeson and Thom Field [Audio Podcast]. *The Thoughtful Counselor*. Retrieved from <http://wp.me/p7R6fn-9N>

Miller, R. (Producer). (2017, March 8). Neurobiology of Developmental Trauma: Practical Applications for Counselors with Mary Vicario and Carol Hudgins-Mitchell [Audio Podcast]. *The Thoughtful Counselor*. Retrieved from <http://wp.me/p7R6fn-93>

Shook, M. (Producer). (2016, December 14). Neuroeducation: Using “Brain Talk” to Normalize Client Distress and Enhance Your Work **with Raissa Miller** [Audio Podcast]. *The Thoughtful Counselor*. Retrieved from <http://wp.me/p7R6fn-72>.

**PRESENTATIONS**

***National Presentations (Refereed)***

**Miller, R. M.** (2023, June). *Utilizing neuroeducation to enhance motivation for change.* Session presented at the North American Society of Adlerian Psychology Conference, Denver, Colorado.

Luke, C., Jones, L. K. & **Miller, R. M**. (2021, November). *Neuroscience with Counseling Consultation Panel*. Round-table session facilitated at Association for Counselor Education and Supervision Conference, Virtual.

**Miller, R. M**., Dickinson, Rebecca, & Beeson, E. T., (2021, June). *Supporting Resilience Skill Building During the COVID-19 Era*. Session presented at the American Mental Health Counselors Association Conference, Virtual.

**Miller, R. M.,** & Beeson, E. T. (2021, April). *Neuroeducation: An Exploratory Process of Client Discovery.* Session presented at the American Counseling Association Virtual Conference Experience.

**Miller, R. M.** & Beeson, E. T. (2020, June). *Neuroeducation: Practical translations of neuroscience in clinical work.* Session presented at the American Mental Health Counselor Association conference.

**Miller, R. M.,** & Beeson, E. T. (2019, October). *Neuroeducation: Preparing counselors for ethical and effective application.* Session presented at the Association for Counselor Education and Supervision conference, Seattle, Washington.

Luke, C., Field, T., **Miller, R. M**., Jones, L., Beeson, E. T. (2019, October). *Ethical concerns with the integration of neuroscience in counseling: Implications and recommendations.* Session presented at the Association for Counselor Education and Supervision conference, Seattle, Washington.

**Miller, R. M.** (2017, October). *Interpretative phenomenological analysis: Principles of practice and application to counseling research*. Session presented at the Association for Counselor Education and Supervision conference, Chicago, Illinois.

**Miller, R. M.** & Gallo, L. (2017, October). *Teaching and supervising school counselors of tomorrow: Examining the relevance of applied neuroscience*. Session presented at the Association for Counselor Education and Supervision conference, Chicago, Illinois.

**Miller, R. M.**, & Luke, C. (2017, October). *Neuro-informed counseling: Ethical incorporation across the CACREP curriculum* Session presented at the Association for Counselor Education and Supervision conference, Chicago, Illinois.

Jones, L., Beeson, E., Field, T., & **Miller, R. M.** (2016, July).*Neuroscience-informed cognitive*

*behavior therapy for adolescents.* Session presented at the American Mental Health

Counselors Association conference, New Orleans, Louisiana.

**Miller, R.M.** & Jones, L.(2015, October). *Neuroscience-informed supervision: Developmental*

*and practical applications.* Session presented at the Association for

Counselor Education and Supervision conference, Philadelphia, Pennsylvania.

**Miller, R.M.** & Dillman-Taylor, D. (2015, October). *A century in the making: Examining*

*adlerian principles through a neuroscience lens.*Session presented at the Association for

Counselor Education and Supervision conference, Philadelphia, Pennsylvania.

**Miller, R. M.** (2013, October). *Preparing counselors for the 21st century: Integrating*

*principles of interpersonal neurobiology into counselor education curriculum.* Session presented at the Association for Counselor Education and Supervision conference, Denver, Colorado.

Jayne, K. & **Miller, R. M.** (2013, October). *Master therapists as counselor educators: Findings*

*and implications from a mixed methods research project investigating the clinical*

*practices of counselor educators.* Poster presented at the Association for Counselor Education and Supervision conference, Denver, Colorado.

**Miller, R. M.** (2011, September). *Asking the right questions: How emerging neuroscience can*

*inform the therapeutic assessment process.* Poster presented at the annual

Association for Assessment in Counseling and Education conference, Fort Worth, Texas.

***Regional Presentations (Refereed)***

**Miller, R. M.** (2020, October). *Brain Architecture: Experiential Lifespan Development Activity and Application Guide*. Session presented at the Rocky Mountain Association for Counselor Education and Supervision bi-annual conference.

**Miller, R. M.**, & Chan, C.(2018, October). *Interpretative Phenomenological Analysis: A Consultative, Collaborative Dialogue.* Session presented at the Rocky Mountain Association for Counselor Education and Supervision bi-annual conference, Park City, Utah.

**Miller, R. M.** (2016, October). *Latest Findings in Neuroscience Research: Examining Relevance*

*for Counselor Education and Counseling Practice.*  Session presented at the Rocky

Mountain Association for Counselor Education and Supervision bi-annual conference,

Steamboat Springs, Colorado.

Johnson, J., & **Miller, R. M.** (2016, October). *Examining Binge-Eating Disorder: Assessment,*

*Diagnosis, and Treatment Implications for Counselors.* Session presented at the

Rocky Mountain Association for Counselor Education and Supervision bi-annual

conference, Steamboat Springs, Colorado.

**Miller, R. M.** (2014, October). *From doc student to counselor educator: Successfully navigating*

*the job search process.* Session presented at the Rocky Mountain Association for

Counselor Education and Supervision bi-annual conference, Jackson, Wyoming.

**Miller, R. M.** (2014, October). *Integrating principles of neuroscience into counselor education:*

*Implications from a study exploring counselors’ experiences learning interpersonal*

*neurobiology.* Session presented at the Rocky Mountain Association for Counselor

Education and Supervision bi-annual conference, Jackson, Wyoming.

***State Presentations (Refereed)***

Doumas, D., & Miller, R.M. (2023). *Sensation seeking and protective behavioral factors.* Lecture presented at the fifth annual prevention conference, Boise, Idaho.

**Miller, R. M.** (2022*). Linking Sleep and Substance Abuse Prevention.* Lecture presented at the fourth annual prevention conference, Boise, Idaho.

**Miller, R. M.** & Russo, M. G.(2021). *Neuro-Based Resiliency and Substance Use Prevention.* Lecture presented at the third annual prevention conference, Boise, Idaho.

**Miller, R. M.** (2018). *The Adolescent Brain: Considering the Impact of Substance Use and Implications for Prevention*. Lecture presented at the first annual prevention conference, Boise, Idaho.

**Miller, R. M.,** Moro, R., Gallo, L. (2018). *Fundamentals of clinical supervision*. Workshop (15 hrs.) presented at the annual Idaho Counseling Association conference, Boise, Idaho.

**Miller, R. M.** (2017). *Tell Me a Story: Utilizing Storybooks in Counseling to Promote Insight and Growth.* Session presented at the annual Idaho Counseling Association conference, Boise, Idaho.

**Miller, R. M.** (2016). *Moving beyond addiction as a chronic and relapsing brain disease: Using neuroscience to support personal agency in relapse prevention.* Session presented at the annual Idaho Counseling Association conference, Boise, Idaho.

**Miller, R. M.** (2015). *Neuroeducation 101: How to talk to clients about the brain.* Session

presented at the annual Idaho Counseling Association conference, Pocatello, Idaho.

**Miller, R. M.** (2015). *Under Construction: Understanding the adolescent brain to support*

*prevention and intervention efforts.* Session presented at the annual Idaho State

Prevention and Support Conference, Sun Valley, Idaho.

**Miller, R. M.** (2013, November). *To tell or not to tell: Ethical considerations of secret keeping*

*in work with couples.* Session presented at the Texas Counseling

Associate annual convention, San Antonio, Texas.

**Miller, R. M.** & Griffin, S. (2013, November). *Surviving and thriving the first year of private*

*practice.* Session presented at the Texas Counseling Associate annual convention, San Antonio, Texas.

**Miller, R. M.** & Prosek, E. (2012, November). *Preparing for the DSM 5: What every counselor*

*needs to know.* Session presented at the Texas Counseling Association annual

convention, Galveston, Texas.

**Miller, R. M.** & Jayne,K. (2012 November). *Applying principles of interpersonal neurobiology*

*to work with families in counseling*. Session presented at the Texas Counseling Association annual convention, Galveston, Texas.

**Miller, R.** **M.** & Prosek, E. (2012, February). *Are you ready for the DSM 5?* Session presented

at the annual Texas Association for Counselor Education and Supervision conference, Austin, Texas.

Foster, R. D., **Miller, R. M.**, Smith, J., & Michero, E. (2012, February). *Aligning counselor*

*education pedagogy with the 2009 CACREP Standards: Integrating interpersonal neurobiology into counseling programs.* Session presented at the annual Texas Association for Counselor Education and Supervision conference, Austin, Texas.

***Guest Lectures/Invited Presentations***

Beeson, E. T., & **Miller, R. M**. (2023, August 11th). *Neuroeducation: ​Exploring meaning through the integration of neuroscience.* Six-hour workshop for the Licensed Clinical Counselors of North Carolina. Virtual.

**Miller, R. M.,** & Beeson, E. T. (2023, April 14th-15th). *Neuroeducation Principles and Process: A Contemporary Approach to Adlerian Practice.* Two-day advanced workshop for the Idaho Society of Individual Psychology. Boise, Idaho.

**Miller, R. M.** (2023, April 12). *Neuroeducation 101: Best Practices in Brain Based Psychoeducation.* Session presented at the Idaho Forensic Clinical Conference 2023. Boise, Idaho.

**Miller, R. M.** (2022). *Neuroscience of Addiction.* Invited guest contributor in Working with Behavioral Addictions: A Mental Health Academy Credential Course.

**Miller, R. M.** (2021, October). *Neuroscience-Informed Resilience Skill Building.* Session presented at NAMI Delaware Inspiring Hope Annual Conference.

Beeson, E. T., Luke, C., **Miller, R. M.** (2019, August). *Neuroscience and Humanism*. Invited presentation for BrainstormLIVE: A Collaborative Mentoring Community to Promote Neuroscience Scholarship in the Counseling Profession.

**Miller, R. M.** (2019, January). *Topics in Neuroscience and Counseling: Neuroeducation.* Invited presentation for Adams State University Graduate Counseling Program.

**Miller, R.** **M**., Gallo, L., Moro, R. (2018, April). *Advanced Supervision.* Invited presentation at Boise State University, Boise, Idaho.

**Miller, R.** **M**., Gallo, L., Moro, R. (2017, December). *Advanced Supervision.* Invited presentation at Boise State University, Boise, Idaho.

**Miller, R. M.** (2017, July). *Neuroeducation: Applications in Counseling.* Invited presentation for BrainstormLIVE: A Collaborative Mentoring Community to Promote Neuroscience Scholarship in The Counseling Profession.

**Miller, R. M.** (2017, July). *Supporting Neuroplasticity and Preventing Neurophysiological Susceptibility: Applications to Working with Clients who Struggle with Addictions.* Invited presentation for EDPC 5533 Psychopharmacology/Neurobiology of Addiction. Norman, Oklahoma.

**Miler, R.** **M.** (2017, May). *Neuroscience of Mindfulness.* Invited presentation for COUN 597 Special Topics, Boise, Idaho.

**Miller, R.M.** (2016, May). *Neurobiology principles, attachment theory, and CPRT.* Invited

presentation for COUN 5000 Filial Therapy, Denton, Texas.

**Miller, R.M.** (2016, February). *Neurological considerations in working with individuals who*

*have experienced trauma.* Invited presentation for COUN 6260 Counseling Principle

and Processes VI, Denton, Texas.

**Miller, R. M.** (2015, May). *Harnessing basic brain science for better self-control.* Invited

presentation for The Discovery Center, Boise, Idaho.

**Miller, R. M.** (2015, February). *Adolescent brain development basics.*  Invited presentation for

Cherry Gulch, a boys therapeutic residential boarding school, Emmett, Idaho.

**Miller, R. M.** (2014, October). *Adolescent brain development: Under construction.* Invited

presentation for the Institute for the Study of Addiction Fall professional development

conference. Boise State University, Boise, Idaho.

**Miller, R. M.,** & Griffin, S. (2014, March). *Identifying signs of healthy and unhealthy romantic*

*relationships.* Guest lecture for Alpha Phi International, Inc., University of North Texas,

Denton, Texas.

**Miller, R. M.** (2014, March). *Introduction to interpersonal neurobiology.* Guest lecture for

COUN 2600: Interpersonal Skills, University of North Texas, Denton, Texas.

**Miller, R. M.** (2013, April). *How interpersonal neurobiology can inform addictions counseling.*

Guest lecture for Rehabilitation Counseling University of North Texas, Denton, Texas.

Jayne, K. & **Miller, R. M.** (2013, April). *Applying principles of interpersonal neurobiology to*

*child parent relationship therapy.* Guest lecture for COUN 5000: Filial Therapy, University of North Texas, Denton, Texas.

**Miller, R. M.** (2012, May). *Why does therapy work?* Guest lecturer for Master’s practicum

counseling class, Texas A&M University at Commerce, Commerce, Texas.

**Miller, R. M.** (2012, May; 2012, December). *Proposed changes to the DSM: Implications for*

*counselors.* Guest lecturer for COUN 5480: Diagnosis and Treatment Planning in Counseling, University of North Texas, Denton, Texas.

**Miller, R. M.** (2011, March). *Adult relationships.* Guest lecturer in COUN 5670: Developmental

Process and Strategies, University of North Texas, Denton, Texas.

**SELEDCTED PROFESSIONAL LEADERSHIP AND SERVICE**

***Professional***

Association for Counselor Education and Supervision

Chair, Counseling Advisory Special Committee June, 2021-June, 2022

North American Society of Adlerian Psychology

Long Range Planning Committee, January 2021-Present

Idaho Society of Individual Psychology

Board Member March 2021-March 2022

Past-President March 2020-March 2021

President March 2019- March 2020

President-Elect March 2018-March 2019

Idaho Counseling Association

Executive Council Member July 2015-July 2019

(Secretary)

Poster Presentation Judge January 2016

IACES Vice President July 2014-June 2015

American Mental Health Counseling Association

Neuroscience Research Task Force Member January 2019-August 2020

Journal of Mental Health Counseling

Associate Co-Editor of the Neurocounseling Section January 2019-Present

Reviewer September 2016-December 2018

Journal of Child and Adolescent Counseling

Reviewer January 2018-Present

Journal of Humanistic Counseling

Reviewer December 2015- December 2018

Neuroscience Interest Network

Webinar Coordinator January 2015-June 2016

***University***

Addiction Program Coordinator Fall 2014-Fall 2021

Chi Sigma Iota Advisor Fall 2014-Present

Retention and Recruitment Chair Fall 2015-Present

Digital Recording Chair Fall 2017-Present

Admissions Committee Member Spring 2015- Present

Addiction Internship Coordinator Fall 2014-Fall 2016

Search Committee Member Fall 2014, 2015, 2021, 2023

Cohort Advisor Fall 2014-Spring 2017; Spring 2018- Present

Curriculum Committee Member Fall 2014-Fall 2016; Fall 2019-Spring 2020

Tenure and Promotion Committee Member Fall 2016-Spring 2017, Fall 2021-Spring 2023

Teaching Evaluation Task Force Fall 2016-Spring 2017

Graduate College Showcase Judge Spring 2018; Spring 2019, Spring 2023

Institute for the Study of Behavioral Health and Addiction

Co-Training Coordinator Spring 2019-Present

Research and Program Evaluation Coordinator Fall 2014-Spring 2019

RADAR Search Committee Member Spring 2018, 2019

***Community***

Idaho Department of Health and Welfare

Child Behavior Health January 2021

Training: Practical applications of neuroscience in Adlerian theory

Idaho Department of Health and Welfare

Region 4 Division of Behavioral Health April 2019

Training: Neuroscience and the Contemporary Application of Adlerian Theory

Weiser School District

Panel Member: Screenagers Viewing and Panel Discussion February 2019

Idaho Department of Health and Welfare

Region 3 Division of Behavioral Health July 2018

Training: Neuroscience and the Contemporary Application of Adlerian Theory

Koelsch Elementary March 2018

Training: Impact of Developmental trauma on Bain Development: Applications for Schools

Valley View Elementary February 2018

Training: Impact of Developmental Trauma on Brain Development: Applications for Schools

One Stone June 2016

Training: Promoting Child Mental Health

Discovery Center of Idaho

Lecture: Harnessing Basic Brain Science for Better Self-Control May 2015

Cherry Gulch Therapeutic Residential Boarding School February 2015

Training: Adolescent Brain Development Basics

**PROFESSIONAL MEMBERSHIPS AND AFFILIATIONS**

American Counseling Association (ACA)

Association for Counselor Education and Supervision (ACES)

Rocky Mountain Association for Counselor Education and Supervision (RMACES)

International Association of Addiction and Offenders Counseling (IAAOC)

American Mental Health Counselors Association (AMHCA)

Idaho Counseling Association (ICA)

Global Association for Interpersonal Neurobiology Studies (GAINS)

Idaho Society for Individual Psychology (ISIP)

North American Society of Adlerian Psychology (NASAP)

Beta Sigma Upsilon chapter of Chi Sigma Iota, Counseling Academic and Professional Honor Society International (CSI)

**AWARDS AND RECOGNITION**

Significant Adlerian Contributor

Presented at the Idaho Society of Individual Psychology (ISIP), 2022

Researcher of the Year

Presented by the American Mental Health Counseling Association (AMHCA), 2020

Volunteer Service “Wing” Award

Presented by the Idaho Counseling Association (ICA), 2017