**Greatest Accomplishments Activity- Faculty Instructions**

**Module 2: How to Make a Career Decision**

One of the ways students can assess their abilities is to consider their greatest accomplishments and HOW they accomplished those things. You might remember from the module that greatest accomplishments can also be used to assess values if it’s WHY an accomplishment was satisfying that we’re looking at. This particular activity, however, is going to primarily focus on abilities, though students will be asked to briefly think about what makes them proud of each accomplishment. If you wish to have your students explore this further, one of the Reflective Writing assignment prompt options will focus on this.

Have students complete the “Greatest Accomplishments and Your Abilities” worksheet (provided), then break students into small groups. Have each group member share their three accomplishments and the skills they came up with for each. The rest of the group is tasked with trying to think of as many other skills the student may have also used as possible.

**Greatest Accomplishments and Your Abilities**

***Instructions:*** Thinking about HOW you actually accomplished the things you are most proud of doing in your life can tell you not only what abilities you have, but may also tell you what abilities you get satisfaction from using. Think about the accomplishments in your life you are most proud of. They could be any kind of accomplishment – work-related, academic, social, or personal. Below, list what you would consider to be your 3 greatest accomplishments, and why you are proud of each accomplishment. Then, list the skillsyou had to use in order to accomplish these things. List as many as you can.

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| **Accomplishment 1:** |  | | | |
| **What makes you proud of this accomplishment?** | | |  | |
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| **Skills Used:** | | | | |
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| **Accomplishment 2:** |  | | | |
| **What makes you proud of this accomplishment?** | | |  | |
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| **Skills Used:** | | | | |
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| **Accomplishment 3:** |  | | | |
| **What makes you proud of this accomplishment?** | | |  | |
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| **Skills Used:** | | | | |
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| **List any skills that appeared more than once:** | | |
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